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## Schedule of Classes & Workshops

TOPIC	DATE	DETAILS
<b>Action for Happiness Orange County (SoCal) Group</b>	October 5 at 6:30 PM Pacific Time	Monthly sessions of like-minded participants in the greater Orange County/SoCal area interested in promoting a happier world through a culture that prioritizes happiness and kindness. Free. Sign up here: <a href="https://actionforhappiness.org/groups/orange-county-ca">https://actionforhappiness.org/groups/orange-county-ca</a>
<b>Happiness Habits</b> , a 6-week course from the Action for Happiness organization	Starts Thursday September 22 @ 5:00 PM	Course started 9/22/22 and is already in progress.
<b>Embracing Elderhood</b>	All sessions start at 4:30 PM Pacific Time	A 12-session series on Elderhood, the third stage of human development, where we'll discuss a different elderhood-related topic each month. Search for the title "Embracing Elderhood". Cost: Free. Remaining dates and topics include: <ul style="list-style-type: none"> <li>• Wed, 10/05: 10 Keys to Happiness</li> <li>• Thu, 11/03: Elder Wisdom &amp; Life Experience</li> </ul> <a href="#">RSVP Here</a>
<b>Secrets to a Happier and More Meaningful Retirement</b>	Saturday, October 1 at 10:00 AM Pacific Time	A highly acclaimed introduction to the non-financial aspects of retirement. You'll learn about the three stages of human development, the six stages of retirement, the importance of knowing your core values, identity capital, the value of having a purpose, and more. Free. <a href="#">RSVP Here</a>
<b>Secrets to a Happier and More Meaningful Retirement</b>	Friday, November 4 at 9:00 AM	Sign-up link pending
<b>Secrets to a Happier and More Meaningful Retirement</b>	Friday, December 3 at 9:00 AM	Sign-up link pending

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