

Coach Win

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Elderhood Evangelist

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HOME BASE

Mission Viejo, CA

What I do:

- Retirement Transition Coaching
- Virtual & In-person Workshops
- Pre-retirement Workshops
- Accountability Coaching
- Life Audits

"I help people transition to a more fulfilling and meaningful post-career lifestyle." –Coach Win

"You can't go back and restart your life, but you can start today and create a new beginning." –Coach Win

"If you are currently breathing, you have the awesome opportunity to take the actions needed to live a happier and more fulfilling rest of your life!" –Coach Win

About Coach Win

Coach Win enjoyed a 21-year career as a Certified Rehabilitation Counselor, Certified Vocational Evaluator, Certified Disability Management Specialist, and has provided expert witness testimony on employability and earning capacity issues in numerous court cases. Thereafter, he enjoyed a successful 23-year career as an IT Project Manager in the K-20 research and education space. He is a proud U.S. Army veteran with tours of duty in South Vietnam and West Germany. He currently serves on AARP California's **Veterans, Military & Their Families Advisory Committee** and was recently appointed to the **California Elder & Disability Justice Coordinating Council**.

Secrets to a Happier and More Meaningful Retirement

How to live a retirement lifestyle that doesn't suck!

This popular presentation is a hands-on educational workshop created by Coach Win after finding a lack of helpful resources about the non-financial aspects of retirement. The target audience are those in mid to late career and retirees yearning for a more meaningful life.

This workshop is available as a pre-retirement corporate workshop employers can offer their employees in late career and is also an ideal value-add to compliment the services of financial planners and wealth managers.

Elderhood: Embracing the Third Stage of Our Lives

Coach Win believes we need to retire the word retirement and to quit thinking about our post-career life as retirement. We all know the first stage of human development is Childhood which leads to Adulthood, the second stage of human development. We thus need to refer to the third stage of human development as Elderhood. Coach Win created a special 12-session series titled Embracing Elderhood and covers a different elderhood-related topic every session. This series is ideal for senior centers, 55+ communities, and general interest clubs and organizations. After all, we all start aging the moment we are born.

Coach Win's Recent Appearances and Activities:

- Golden Future 50+ Expo, South Bay
- GetSetUp.io
- Golden Future 50+ Expo, Anaheim
- ActionForHappiness.org
- Business Talk Radio (Interview)
- Trilogy at The Polo Club, Indio, CA
- Successful Aging Expo, Riverside Convention Center

Always do what matters!